

# PRAY A PSALM

## IN YOUR OWN WORDS

AN EXAMPLE FROM PSALM 23

**Find one phrase or verse that connects with where you are.**

Rewrite it in your own words as your first line.

I'm in the dark right now, Lord, and I want to believe you still see where I'm going.

**How does the writer feel about himself/his life?**

What emotions do you see? What's their point of view? Write your next line or two from this answer.

I've always been provided for, lead and guided by you, Lord. Even right now I see you doing that in my good night sleep & an encouraging text from my friend.

**What does the writer think/feel about God?**

What qualities does he mention? What is he asking for? Write this as your next line or two.

You are worthy of my trust and confidence. I need you to reassure me that you're there even though I feel alone and out of reach.

**What is the writer's final thought(s)?**

Rewrite it as yours.

I know you love me no matter what: our connection is forever and you'd never leave me.